



opportunities
SEPT -DEC 2019



Prayer groups

4 Days of Prayer to start the term on 3rd, 4th, 5th & 6th Sept. Early morning till late night, and very late night on the Friday....

Praying for the Nations & governments, especially persecuted Christians and international events. Off straight Rd Fridays 11am

Other groups

Bible: Interpretation & Application. a course on the Bible and Theology looking at OT, NT, Jesus, Cross, Kingdom Paul and theology. Thurs 8pm from 3rd Oct. Cost £50

Single Parents raising Christ-loving responsible young people — a new monthly group for single parents and their children Thurs 12th Sept 6-7.30pm. Meet in CO2

What Hear Here, a group for people in the church with hearing loss meets once or twice a term on a Saturday afternoon at the church or a local home.

Kingsland Community Gospel Choir is a non auditioned adult choir meeting at Kingsland at 7pm on a Wednesday night.

Kingsland Children's Choir is for school years 1-6 on Saturday from 9 - 10.30am.

Kingsland Youth Generation is a performing Arts group for secondary school youngsters meeting on Saturday mornings from 10.30 - 12

Creative worship with movement, drumming etc Tues 10th Sep and 15th Oct 8pm. The Worship Jam - with drums, voices, instruments, poems etc Tues 12 Nov 8pm

Christians 4 business is a monthly group of self employed, company directors contractors and business owners people

for more information on all the above email sara@kingsland.org.uk

SEPTEMBER START

the vision

A new school year gives an opportunity for a new start. The decisions we make now probably have a bigger effect than at New Year. We start most school and Uni courses in September, many have started married life at this time of year and its a popular time to change jobs.

September Start is an opportunity to make a fresh start in Kingsland, to join one of the many groups or activities that will help you make new friends, learn something new, deepen fellowship, grow spiritually or serve meaningfully. In this brochure we've pulled together many of the things that we are doing as a church, though look out for others as well.

To make the most of Kingsland we recommend -
belonging to a congregation where I'm inspired and encouraged,
being involved in a small group where I'm known and can ask,
serving in ministry where I can give out and grow

Our Congregations are 9.15, 11am and 6.30pm on Sundays, or Wednesday at 1. the rest is inside...

for more information on anything in this leaflet email sara@kingsland.org.uk

Discipleship groups

Our discipleship groups are supportive, friendly and sociable. Most use a video summary of the Sunday morning talk to go deeper. They all involve supporting and praying for each other, with an emphasis on encouragement and fun!

Den & Sue Lee	Suffolk/ N Colchester	Mon 11am	
Richard & Jude	Copford	Tues 8pm	
Gordon & Sue	Stanway	Tues 7pm	
Belinda & Dennis	Mile End	Tues 7.30pm	families welcome
Richard and Shelley	Old Lexden	Tues Fortnightly 7.30pm	
Hazel C	Stanway	Tues 8pm	
Gary & Tania	St Johns	Tues 8pm	
Flora T	Stanway	Weds 7.30pm	
Tony & Sue	Highwoods	Weds 7.30pm	
Jane & Michelle	Layer Rd/ Mersea Rd	Thurs 6- 8pm	
Chris B & Sue B	Stanway	Thurs 7.45pm	over 50
Chris & Bethan	Eight Ash Green	Thurs 8pm	young parents
Carlene and Jon	Northern Approach	Thurs 8pm	
Solomon & Mosun	Stanway	Thurs 8pm	
Roy & Louise	Kingsland	Fridays 2pm	

These groups don't follow Sundays so much as dig into prayer or the scriptures, but the aims are the same - discipleship by equipping and supportive fellowship -

Traci P	Highwoods	Tues 7.30pm	Faith Builders
Joan G	Highwoods	Thurs 10am	Women's Bible study

youth discipleship groups meet term time here at Kingsland
School years 10+ Tuesdays 7-8.30pm
School years 7-9 Wednesdays 4.30-6pm

There are also student groups at or near the University

Opportunities for ministry

The best way to grow as a Christian is by doing, teaching, leading, serving. There are so many opportunities to get involved and make a difference. Why not join one of our wonderful teams? Or maybe initiate something new...

children's work	youth ministry	welcome	worship
hospitality /cafe	street evangelism	church maintenance	PA
mentoring	Precious Bundles	soup run	video
street pastors	Church Advice Service	Sunday nights	student lifts

for more information on all the above email sara@kingsland.org.uk

Community

for details email Sara@Kingsland.org.uk

Alpha - Karen L

12 sessions: We'll run this world renown course from 16th Sept - for anyone wanting to discover more about Jesus, faith, church etc. Lots of questions. Mondays - start anytime, but it's best to join at the beginning. 7.45pm.

Psychology in the cafe - Karen L

"Managing Rejection and Staying Positive" "Disagreeing but staying friends" and "Developing emotional health". Karen has been a psychology practitioner for 20 years and teaches in a fun and practical way. 7th & 21st Nov 2019, 5th Dec, 7.30pm.

Enhancing our Marriage - Claudia L & Ian D

A 4 week course 8-9.30pm on Tuesdays 8th, 15th, 22nd and 29th October. Non judgmental, private, practical and informative. Claudia is a qualified counsellor with wide experience, Ian is the pastor at Kingsland.

Parenting birth to 10's - Kingsley & Sharon

6 sessions in term 1 with practical tips and support in the early years. from 10.30-12.30 on Saturday mornings from 21st Sept.

Parenting teenagers - Ade A or Frances S

5 or 6 sessions developing skills and understanding for the teenage years. This popular course is supportive practical helpful and of course completely non judgemental. Frances & team run the 6 session course in the mornings at 10am 8th Oct. Ade & team run the 5 session evening course from 26th Sept to 24th Oct at 7.30pm.

Running - Shelley S

A 6 week running course for absolute beginners with a qualified running fitness leader on a Wednesday or Saturday morning in Colchester Castle Park. Starting Wednesday Oct 2nd and Saturday Oct 5th 9.45-10.15am.

Time Out - Gail M

For women to relax, using creative activities and relaxation techniques. 10 - 12 noon on the 2nd and 4th Monday of the month from 9th Sept.

Football, netball, walking, table tennis

Kingsland groups or teams regularly play football (Sat mornings) Netball (Weds 6-7pm) Table Tennis (fri nights 7.30pm) or organise family walks or longer hikes.

Livewires and CO3 - Paul A

Social groups for youth, term time on a Friday night. Livewires is 6.30 - 7.30pm for school years 3-6, CO3 is 7.30 - 9pm for school years 7-10.